

## *Pre-operation Instructions*

- Please, **do not use any medication containing Acetylsalicylic Acid** that influences blood clotting (e.g. Aspirin, Aspro etc.)
- Please, **plan you operation date outside term of your period**. You MUST NOT have a period at operation date and few days afterwards. Easiest is to plan the operation date after you expected period.
- You need to be **healthy at least 3 weeks prior operation** (i.e. no acute disorder, virosis, cold etc.)
- Recommended operation date is **at least 4 weeks after taking any antibiotics**.
- The **time interval in between other operation in general anaesthesia is usually 4 to 6 months** depending on type of operation, and previous healing.
- For about 3 weeks prior to operation, and also in after-operation period, we recommend you to **reduce/stop your smoking**, if you are a smoker. The smoking causes higher possibility of post-operative complications and slows down healing.
- When going to the operation, you need to **come with empty stomach** (i.e. no drinking, eating or smoking after midnight).